

SANTA CRUZ DESERTAS NATURAL SWIM

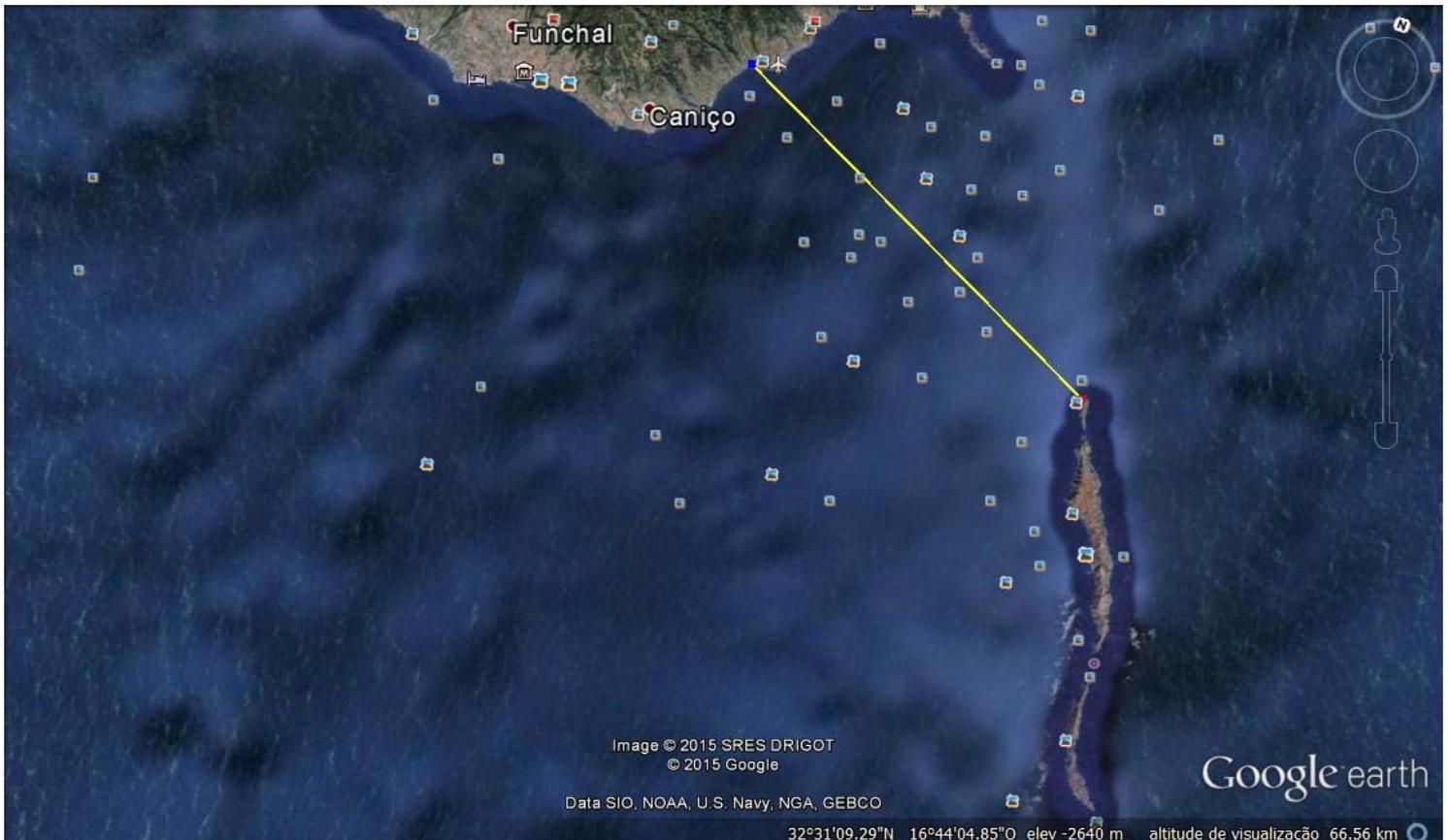
from the 3rd to the 7th of June, 2015



COMPETITION RULES

1 - ROUTE

“Santa Cruz Desertas Natural Swim” consists of a swim contest between the Town of Santa Cruz (Madeira Island) and Ilhéu Chão (Desert Islands), in a total distance of 13.5 nautical miles (approximately 25km in a straight line). Departure will take place in a shingle beach next to the recreation port of Santa Cruz (coordinates: **32°41'06,76"N / 18°47'34,39"W**). The arrival will be at Ilhéu Chão, the closest Desert Island, between two buoys that will be installed in the following coordinates: **32°33'14.77"N / 16°32'14.91"W**.



After the departure, the athletes will be free to choose the trajectory they understand to be the best, in agreement with their support vessels, under the supervision of the security teams and sea conditions in the day of the event. The measured time of the crossing will be issued at arrival in Ilhéu Chão, between two buoys that will be placed in the following coordinates: **32°33'14.77"N / 16°32'14.91"W**



PROVISIONAL PROGRAMME OF THE EVENT (subject to change depending on the weather / tide conditions)

3rd June, 2015 (Wednesday)

- 6 pm: Event secretariat (headquarters of late Clube de Santa Cruz)
- 7 pm: Briefing to participants, support teams and security team

4th and 5th June, 2015

- Reconnaissance trainings at the departure site

6th June, 2015 (Saturday)

- 6 am: Athletes, support and security teams gather at late Clube de Santa Cruz
- 7 am: Departure
- 4 pm: Time limit to conclude the race
- 5 pm: Participants reception at the facilities of the Natural Park of Madeira in Deserta Grande
- 6 pm: Departure return to Santa Cruz in support vessels
- 8 pm: Arrival at Santa Cruz (late Clube de Santa Cruz)

7th June , 2015 (Sunday)

- 7.30 am: Departure (2nd date – as alternative)

The day after the event

- 1 pm: Lunch followed by Awards Ceremony (headquarters of late Clube de Santa Cruz)

4 - FORM OF DISPUTE

Competitive event with a simultaneous departure of all the swimmers enrolled in the competition. It has a non-official feature once it allows the use of an isothermal and neoprene suit (for security reasons). The competition can be performed individually or by a two-element relay race.

The race is intended for swimming or triathlon federated athletes in the Portuguese Swimming Federation or any similar foreign federation, with a valid affiliation, proven till the date of the event, and also a valid medical exam.

The elements of the Conselho Regional de Arbitragem de Associação de Natação da Madeira will be responsible for the timekeeping of the event and the compliance of the technical regulations. Non-federated athletes who have enrolled in the event will be evaluated and subject to selection by the organisation, as well as their curriculum and fitness.

The competition may be performed individually, or as an alternative, by two elements (relay race). If so, the swapping of the athletes will be made inside the water, through physical contact between the elements and the exchange of the team bracelet. The swimmer that finishes its route will be collected by the support boats at the swapping site.

Thus, there will be two competitions taking place at the same time:

- Individual race – Ilhéu Chão Crossing - 13.5 nautical miles (25 km)
- Two-element relay race – Bugio Crossing - 2x6.75 nautical miles (2x12.5 km)

If by any security reasons it is needed to retract a participant from the water into the support vessel, it will be permitted by the organisation of the event. The athlete will return to the race later exactly in the same spot. The support boat will not move during that time. If there is any kind of limitation or incapacity perceived, the athlete must abandon the race and cannot return to it.

Each athlete will carry in the support vessel the supplies needed to the event and will decide with his team the number of refills to be carried out, as well as the gaps between the supplies and the time required to do such refills.

The supply must be made when the athlete is inside the water, however, physical contact is allowed between the athlete, the boat and the support elements.



5 - TIME LIMIT

The race will have a time limit of 8 hours, counting from departure to the arrival at the buoys installed next to Ilheu Chão. If, by any reason, the participants haven't finished the race within that time, they will have to abandon it and be collected by the support vessels. Bearing in mind that the event will start at 7 am, depending on the tide, the crossing will finish at about 3 pm, 8 hours after it started.

Accumulated time	Minimum distance covered (km)	Minimum distance covered (nautical miles)
1st hour (8 am)	2,78 Km	1,5 mn
2nd hour (9 am)	5,56 Km	3,0 mn
3rd hour (10 am)	8,34 Km	4,5 mn
4th hour (11 am)	11,1 Km	6,0 mn
5th hour (midday)	13,9 Km	7,5 mn
6th hour (1 pm)	16,7 Km	9,0 mn
7th hour (2 pm)	19,5 Km	10,5 mn
8th hour (3 pm)	22,2 Km	12,0 mn
9th hour (4 pm)	25,0 Km	13,5 mn

6 - REGISTRATION AND SELECTION CRITERIA OF THE PARTICIPANTS

Due to logistics limitations and the demand of a security system that will be assembled, the event will allow a maximum of 20 athletes / participant teams. The organisation of the event will be responsible for the selection of the candidates according to the criteria presented below.

6.1 - Registration stages in the competition

1st stage - From the 10th of March to the 25th of April, 2015 – figures below must be respected.

2nd stage - From the 26th of April to the 25th of May, 2015

Quotas for the 1st stage (10-03-2015 to 25-04-2015)

- 10 athletes / regional teams (affiliated to the Portuguese Swimming Federation representing the Madeira Swimming Association)

- 7 athletes/ national teams (affiliated to the Portuguese Swimming Federation representing other national teams, not the ones from ANM)

- 3 athletes/foreign teams (affiliated to another National Swimming Federation, not FPN)

If by any means the number of participants exceeds the maximum allowed in the first phase, the organisation will analyse the curriculum of each candidate as well as his/her previous experience in an open water competition. The organisation will select the ones that offer the best guarantees. At the end of this phase (25-04-2015) the organisation will confirm the registrations and will release the list of the athletes by then.

On the 25th May, the final list of participants will be presented, and no other registrations will be permitted in the event.



6.2 - Formalization of registration

Registrations in the competition must be made formally on the site of the competition available on <http://santacruzdesertasnaturalswim.iateclubesc.com/> , by filling in a corresponding form. The candidate must send by email (to santacruzdesertasnaturalswim@iateclubesc.com) a short sporting résumé describing his/her previous experience in open water or long distance competitions in pools, such as:

- Main competitions in open water and corresponding classification (mention distance and time), mainly two last seasons.
- Personal records in official swimming-pool competitions (1500 metres, 3000 metres, 5000 metres)
- Personal records in first segment partials 70.3 (1900 metres) and *Ironman* (3800 metres) – for triathletes, making reference to the competition they performed.
- Other experiences, competitions and final scores in long duration events, even if they're not related to open water competitions.

6.3 - Price of registration

The confirmation of the application will be made by late Clube de Santa Cruz, which will be sent by email to the athletes / teams. After receiving the email, the candidates have 5 days to pay the registration fee. The payment can be made by bank account transfer to the account of the organisation (late Clube de Santa Cruz) to NIB 0038.0016.00437662771.64 or IBAN PT50.0038.0016.00437662771.64 and code BIC:BNIFPTPL, according to values presented below.

- Individual participation: 200 euros (Ilhéu Chão Crossing) Discount of 15% to MIUS participants (Madeira Island Ultra Swim)
- Two-element relay: 250 euros (Bugio Crossing). Discount of 15% to MIUS participants (Madeira Island Ultra Swim)

- 5% of the value of the inscriptions reverts to the “**PROJETO ATIVIDADES NÁUTICAS SEM LIMITES**” of late Clube de Santa Cruz, a charitable project that conduct nautical activities for disabled people.

After paying the registration fee, the athlete must send proof to the following address: santacruzdesertasnaturalswim@iateclubesc.com .

The enrolment figures include:

- General expenses of the organisation related to logistics, security means and communication system
- Specialised medical support (Emergency Medical team – EMIR), assisted by the elements of Capitania and Sanas Madeira, who have proper training.
- Specific semi-rigid craft for rescue at sea (with a rescue team, rescue stretcher, emergency medical gear and oxygen therapy kit – approved by ISN)
- Air resources in a regime of prevention
- Transport and availability of kayaks to individual escort (the athlete may name his own kayakers but if this does not apply, the organisation may name some), vests and paddles.
- Specific life insurance to participants/teams/athletes (please see conditions available in point 9 of this regulation)
- Fuel for the support boats
- T-shirt of the event
- Cap of the event
- Lunch the day after the competition

The enrolment figures do not include:

- Athlete's provisions during the race
- Specific equipment for the realization of the competition
- Other unspecified expenses



6.4 - Refund Policy

The enrolment figures paid by the athletes / teams may be refunded in case of withdrawal of the participants if the following rules are respected:

- During the first phase of the inscription (until april 25th, 2015), refund of 75% of the inscription value, after communicating to the organisation of their intended withdrawal.
- After the 25th May, 2015, there will be no refunding, unless a proven situation of incapacity is duly attested by a medical certificate.

The athletes that enrol in the competition but are not selected by the organisation, due to lack of vacancies, will be totally refunded at any stage of the competition.

7 - EQUIPMENT TO BE USED

During the event, the athletes must accomplish a number of rules which are related to the material they can use and the security of the race:

- It is allowed the use of an isothermal wetsuit (used in official triathlon competitions) with a maximum thickness of 5 millimetres (ITU technical rules). Its use is an option of the athlete.
- It is not allowed the use of any means of propelling, floating or breathing.
- It is completely forbidden the use, inside the water, of any gear that transmits sound or frequency (radios, aquatic MP3, heart rate monitors, others).

Any failure to comply these rules will lead to the disqualification of the athlete / team, preventing his participation in the event or withdrawal from the competition.

8 - IMAGE AND PUBLICITY RIGHTS

The participants in the event give in to the organisation the exclusive right to the exploitation of the image of the event **Santa Cruz Desertas Natural Swim**. The organisation also holds the rights to all photographic, audio-visual and journalistic material. Any project or supporting material produced with the intent to be published must be permitted by the organisation.

It is mandatory the use of the advertising material provided by the organisation before departure (Santa Cruz) and at arrival (Desertas), as well as in the press conferences and official photos related to the event.

9 - SPECIFIC INSURANCE AND RESPONSIBILITY TERM

Due to the fact that this is an event with a specific regulatory framework and it is not protected by the sports insurance of the affiliations in the sport modalities like swimming or triathlon, the organisation will hire for each athlete a life insurance for this event, covering:

- Death or permanent disability – 27.000 euros
- Treatment expenses in case of accident – 4.320 euros (postage value: 60.00 euros)
- Funeral expenses – 5.000 euros
- Rescue, search and transport expenses – 1.000 euros

In order to participate in the event, all athletes must sign a term of responsibility, declaring that they are aware of the dangers associated to such an event, in a text that will include the following:



"I, _____ (full name), born on the _____ of 19____, ID number / CC n.º _____, of legal age, hereby declare that it is to me unknown any physical or psychological impediment that constitutes an obstacle to my participation as an athlete in the competition "Santa Cruz Desertas Natural Swim", organised by the late Clube de Santa Cruz, between the 4th and the 7th of June 2015, in a distance of 13.5 nautical miles (25 km).

The participation in this event is of my entire and exclusive initiative, and I do not require to the organization any criminal or civil responsibility, for any physical, moral or material damage that occurs during the event, that exceeds the insurance coverage of the activity, hired by the organising entity."

10 - SECURITY SUPPORT SCHEME

The event will have a security plan that was assembled having in consideration its specificities (length and duration), the number of participants, and all the differences presented by the athletes (speed, timing...)

The security plan will involve several vessels (with and without engine), several collaborators (elements of the organisation, referees, kayakers, medical team, boat pilots...) and a system of communication controlled by the event director and the maritime authorities involved.

10.1 - Hierarchy of decisions

- The director, in coordination with the maritime authorities, will be responsible for the security and logistics of the event. The organisation may be heard.
- The elements of the "Conselho Regional de Arbitragem da Associação de Natação da Madeira", led by a referee-judge, will be responsible by the regulations and technical aspects.
- The organisation of the event will be accountable for the physical and psychological condition of the participants, after having consulted the technician indicated by the athlete.
- The athletes are compelled to obey the orders transmitted, even if he / she disagrees with the assessment made to his / her physical condition in that moment.

10.2 - Support motorboats

Boats will present different characteristics. Some will not have an engine and will follow the swimmers, semi-rigid to escort the swimmers as well, logistics and security and larger vessels to back up the race. The different vessels will be registered in the event booklet.

10.3 - Individualized support kayaks

Each athlete / team will have direct support of a kayak, "banana" type, that due to its lack of engine will be the main direct support of the athletes. Supplies will be transported in this vessel.

10.4 - Communication system

A system of communication will operate from the main vessel. There will be a channel connected to all vessels with an engine. Communication with kayaks will be done through the radio and walkie-talkie (5 km range). All kayaks will have a GPS system that will be monitored by the organisation allowing them to know in real time the position of each athlete.

OFFICIAL WEBSITE OF THE EVENT: <http://santacruzdesertasnaturalswim.iateclubesc.com>